

"Is There More of Us Than Them?"
©2025 Ben Parent

Dedicated to Woody Guthrie

CHORUS:

Is there more of us than them?
Is there more of us than them?
It's the only way we win
If there's more of us than them

Is there more of us than them?
Is there more of us than them?
It's the only way, the only way we win

Let's put the hate back in the box
Turn the key and lock the locks
Put pen to paper, pick up your phone
Make sure your friends
Get out and vote

CHORUS

Hate left unchecked just
grows and grows
Where it ends, nobody knows
But not to fear there's more of us
Time to shake off the apathy and rust

CHORUS

I will not bend to the will of hate
In our better natures, I put my faith
Just a tiny bump in a longer road
There are still so many miles to go

CHORUS

The journey's long, the arc is wide
But there's a bridge to the other side
Science and kindness, human hearts
We're just gonna have to use our smarts
CHORUS 2X

Demo version can be heard here:

<https://m.soundcloud.com/goodsponge/is-there-more-of-us-than-them>

Change The World

I'm gonna write a song, oh so bright,
That shines with hope from morning till night,
With words that soar and melodies that twirl,
I'm gonna write a song it's gonna change the world

In harmony, we dance and sing,
A sound so full oh the change it will bring
A chorus of children, you shine like a pearl
I'm gonna write a song that's gonna change the world.change the world

I'm gonna write a song that's going to change the world x4

I'll sing a song to the rising tide (I'm going to write a song that's going to change the world)
Where love and kindness coincide, (Change the world)
Will come together every boy and every girl (I'm going to write a song that's going to change the world)
I'm gonna write a song that's gonna change the world ...(Change the world)
the world x4

Let's daydream of a world so bright,
With peace and love oh, what a sight,
That's right!

Hey kids gather round and listen to what I say
In every word, there's a message to share of peace and kindness
everyday
Friendship, love, and unity we can dance to the beat of positivity
With laughter and joy our hearts unfurl I'm gonna write a song that's
gonna change the

I'm gonna write a science going to change the world x8

No kings

They dress their lives in red, white and blue (**no kings**)

Sell the future, steal from you (**no kings**)

They preach about god with a crooked grin, while the poor,
keep losing and the rich cash in no Kings...

(no, no, no no kings)

Raise your flag, let it rise (**no kings**)

Tear the veil, expose the lies (**no kings**)

From sea to restless sea

We are a democracy

No kings ...

(no, no, no no kings)

Sound the freedom bell, let it ring

Justice wears no crown.... No kings.

They build their walls close their doors (**no kings**)

Turn away the tired, hungry, and poor (**no kings**)

Their political scheme has come undone

We stand together, all as one. No kings

(no, no, no no kings)

Sound the freedom bell, let it ring

Justice wears no crown.... No kings.

No kings

No kings

No kings

The Calling

I hear the world shaking, trembling at the seams,
Folks saying someone else is going to fix these broken
dreams.

But change don't come easy, and comes from within
A single step forward a revolution begins

I've seen good hearts hiding, scared to raise their voice,
But the silence of the hopeful is a dangerous choice.
If the future's looking bleak and time stands still,
Then maybe we're the ones meant to climb that hill.

Rise up beside me, join me tonight.
This is our calling—this is our fight.
This is our calling

They say politics is poison, but that's a convenient lie—
It's the people on the ground who keep the hope alive.
And if we look the other way when the hard truth calls,
Then the ones who crave the power will decide it all

Rise up beside me, join me tonight.
This is our calling—this is our fight.
This is our calling

Every heartbeat's crying out for something true,
And the change we're waiting on is waiting on you.

Rise up beside me, join me tonight.
This is our calling—this is our fight.
This is our calling

We Are Here - Sarina Partridge

We are here (echo)

With our voices (echo)

Our love for each other

will carry us through.

*Variation: city, neighbors, courage, grief, families, children, hope,
demands *New London*

Hold on - Heidi Wilson

Hold on, hold on

my dear ones here comes the dawn.

Grief and Love - Sarina Partridge

Grief moving through me

Let my body

Feel the waves of love and grief...

Who's Got the Power - Sarina Partridge

Who's got the power (echo)

We've got the power

What do we do when

We've got the power

We take care of each other

Yes we do, we take care of each other

*Variation = vision, courage, joy, etc.

No One is Getting Left Behind This Time – Joshua Blaine

No one is getting left behind, this time.

No one is getting left behind.

No one is getting left behind, this time.

We get there together or never get there at all. 3x

Abolish ICE - Lu Aya + Peace Poets

This is for the families who are locked inside!

Together - we will - Abolish ICE.

It's Ok to Change Your Mind - Annie Schlaefer

Ooh it's okay to change your mind

Show us your courage

leave this behind.

Ooh it's okay to change your mind

And you can join us

Join us here anytime.

No One is Getting Left Behind by Joshua Blaine

No one is getting left behind this time,

No is getting left behind.

No one is getting left behind this time,

we get there together or never get there at all.

We get there together or never get there at all.

We get there together or never get there at all!

People Have the Power

Song by Patti Smith · 1988

I was dreaming in my dreaming
of an aspect bright and fair
and my sleeping it was broken
but my dream it lingered near
in the form of shining valleys
where the pure air recognized
and my senses newly opened
I awakened to the cry
that the people have the power
to redeem the work of fools
upon the meek the graces shower
it's decreed the people rule
The people have the power
The people have the power
The people have the power
The people have the power
Vengeful aspects became suspect
and bending low as if to hear
and the armies ceased advancing
because the people had their ear
and the shepherds and the soldiers
lay beneath the stars
exchanging visions
and laying arms
to waste in the dust
in the form of shining valleys
where the pure air recognized
and my senses newly opened
I awakened to the cry
The people have the power
The people have the power
The people have the power
The people have the power
Where there were deserts
I saw fountains
like cream the waters rise
and we strolled there together
with none to laugh or criticize
and the leopard
and the lamb
lay together truly bound

People Have the Power

Song by Patti Smith · 1988

I was hoping in my hoping
to recall what I had found
I was dreaming in my dreaming
god knows a purer view
as I surrender to my sleeping
I commit my dream to you
The people have the power
The people have the power
The people have the power
The people have the power
The power to dream, to rule
to wrestle the world from fools
it's decreed the people rule
it's decreed the people rule

Listen

I believe everything we dream
can come to pass through our union
we can turn the world around
we can turn the earth's revolution
we have the power
People have the power
The people have the power
The people have the power
The power to dream, to rule
to wrestle the world from fools
it's decreed the people rule
it's decreed the people rule
we have the power
People have the power
we have the power...

Hold On

Heidi Ann Wilson

Hold on hold on

my dear ones here comes the dawn

melody

drone line

low harmony

low melody

It is January 2026, and the people of Minneapolis are inspiring us with what it looks like to really take care of one another in the face of escalating ICE raids and authoritarian violence. They are walking kids to school, delivering food to neighbors, standing on street corners in rapid response. And they are singing. I am humbled and moved that this song is useful to folks right now. People have been asking 'can I sing it in my church, synagogue, school, street choir? The answer is yes, of course, this song has work to do. Sing on, and add more harmonies!

If you would like to hear part recordings or learn more about the song's origins check out www.patpach.com/HeidiWilson

9. Hold On (Eyes on the Prize)

Updated 2/19/23

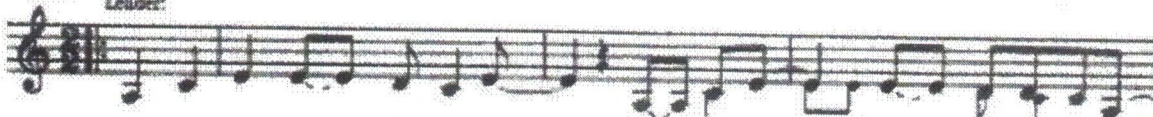
Refrain credited to Alice Wine
Johns Island, SC | 1950s

African-American Spiritual
transc. by Justice Choir | 2017

(♩ = 60)

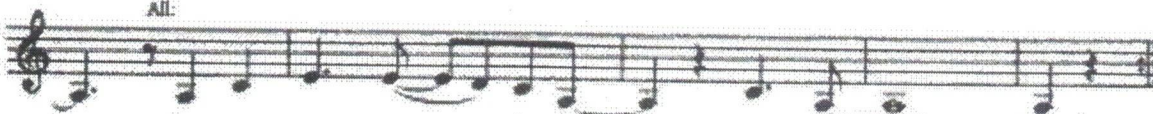
VERSES:

Leader:



1. Oh, the one thing we did right — was the day — we — start - ed to fight
2. Got my hands on the free - dom plow, — would - n't take noth - in' for my jour - ney now.

All:



— Keep your eyes on — the prize. — Hold on! —

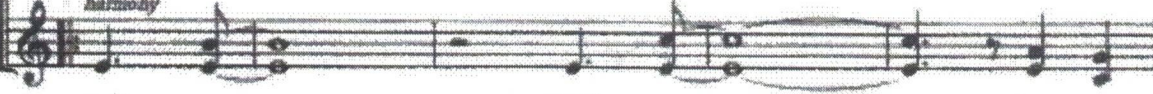
REFRAIN:

melody



Hold on! — Hold on! — Keep your

harmony



Hold on! — Hold on! — Keep your



eyes on — the prize. — Hold on! —

Lyric Suggestions for Verses:

3. Only chains that we can stand, Are the chains of hand in hand. *(Keep your eyes...)*
4. We're gonn' board that big Greyhound, Carryin' love from town to town.
5. Many good souls have fought and died, So we could sing here side by side. *-1963 March on Washington*
6. When united it is clear, We don't have to live in fear. *-Peter "Madcat" Ruth*
7. Building walls and spreading hate, Will not make this country great. *-Laz Stancovits*

Performance Suggestions:

- This is a "zipper" song. Make up your own lyrics for the Verses.
- Vocal improvisation is encouraged, especially on the Refrain.

Made Possible by Westminster Presbyterian Church, Minneapolis

Justice Choir Songbook, Volume 1



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Free download: songs.justicechoir.org/HoldOn



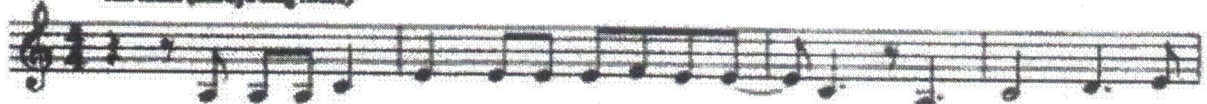
22. One Foot/Lead with Love

updated 2/13/22

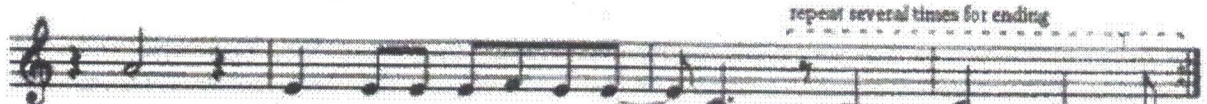
Words & Music by Melanie DeMore
Oakland, CA | 2016

Walking (♩ = 168) (swing: ♩ = ♩♩)

REFRAIN (always sing twice)



You got - ta put one foot in front of the oth - er and lead with love.
(last time) We got - ta put




Put one foot in front of the oth - er and lead with love.

repeat several times for ending


VERSES 1, 4

Leader: All:



1, 4. Don't give up hope. (Don't give up hope) You're not a - lone. (You're not a - lone)


To Refrain:



Don't you give up. (Don't you give up) Keep mov - in' on. (Keep mov - in' on)

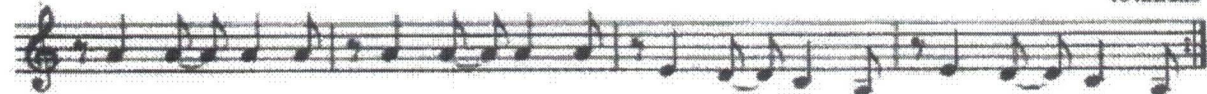
VERSES 2, 3

Leader: All:



2. Lift up — your eyes. (Lift up — your eyes) Don't you — de - spair (Don't you — de - spair)
3. I know you're scared. (I know you're scared) And I'm — scared, too. (And I'm — scared, too)

To Refrain:



Look up — a - head. (Look up — a - head) The path is there. (The path — is there)
But here — I am. (But here I am) Right next — to you. (Right next — to you)

Performance Suggestions:

- Clap and/or stomp.
- Watch Melanie's YouTube video for inspiration.
- Try opening the Refrain with Leader only, then repeat All

Melanie writes: "I was inspired by the great movements that were started out of the love for their people, not out of the hatred of others."

Made Possible by Westminster Presbyterian Church, Minneapolis

Justice Choir Songbook, Volume 3

